

# Spiritual Care Kits for Children Directly Impacted by a Disaster

**Estimated Cost per kit: \$1.50**

## SUGGESTED SUPPLY LIST

SUPPLIES	NOTES
Zippered water-resistant mesh pouch, size 9x13" (A4 size)	<a href="#">similar to this</a>
<a href="#">Printed copy of Guided Workbook</a>	<a href="#">PDF format available here</a> ; printed in booklet form on 11x17 paper, if possible, folded and stapled in the center
Mini package of colored pencils or crayons	<a href="#">similar to this</a> ; colored pencils may provide better dexterity for kids to write their reflections
Battery-operated tealight candle	<a href="#">similar to this</a> ; to remind of God's light and presence
A small comfort item	for example a 2-3" inch stuffed animal ( <a href="#">like this</a> ) and/or a small fabric pocket heart than can be handmade by volunteers
A small fabric pocket heart	this could be handmade by volunteers, or purchased ( <a href="#">like this</a> ) and decorated with fabric markers to be personalized; this could be a component of the kits that volunteers take time to pray over
A pop-it prayer keychain	<a href="#">similar to this</a>
A prayer tag for the pop-it keychain	lamine and hole punch the prayer tag, then attach to the key chain; the prayer has one word per pop-it circle so that participants can pray each word as they pop each circle ; <a href="#">here's a possible tag to use</a>
A friendship bracelet	handmade using rubber bands ( <a href="#">similar to this</a> ) or another method; a reminder that we're thinking of them across the distance and that God is a friend they can lean on, too
A handwritten note of care	a small way to personally encourage recipients
Optional: A small edible treat	an individual prepackaged treat like fruit snacks; you may want to add a sticky label ( <a href="#">like this</a> ) with a word of encouragement about God's love