AUCE Mission Trip Guide



www.AUCE-UCC.org

So you've decided to go on a mission trip...

This guide is for those who wish to enliven their church's ministry and serve others in the name of Jesus by traveling to a place where people are in need. There are so many decisions to be made and details to consider: where to go, what ages to include, how to travel, how to raise money, what to bring — the list seems endless. The tips, lists, and resources included here will help to get you started.



This Guide does not profess to be a comprehensive resource, but rather a checklist for thinking through and

gathering the necessary nuts and bolts for leading a successful, meaningful, and safe mission trip.

Given the opportunities provided by web technology, it is our intent that this guide be a work in progress. It will be updated and added to, so that its availability on the AUCE website will provide you with the most current version available.

Many thanks to our AUCE member contributors:

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Getting Started

What to read first.

- *Mission Trips That Matter: Embodied Faith for the Sake of the World* by Don C. Richter (Nashville: Upper Room Books, 2008)
- Download the free UCC resource, "Understanding Our Mission: 2022 Youth Service Project Curriculum" from <u>UCCResources.com</u>.
- Visit <u>www.ucc.org</u> and search "mission trip" for more information about resources and mission trip opportunities through the United Church of Christ.
- Visit <u>www.globalministries.org</u> and search "mission trip" for more information about international mission trip opportunities.

Create a tentative plan.

- Set goals.
- How will you incorporate worship, scripture, and prayer throughout your entire process?
- With a calendar in hand, create a timeline.
- What safety issues do you need to consider? (Visit <u>https://www.sneucc.org/youth-ministry-resources</u>)
- Continue through this checklist, making notes, and adapting it to your specific situation.
- Gather your leadership and bring them on board to brainstorm and volunteer for specific tasks.

Why?

Use the resources listed in "Getting Started" above to ground yourself, the participants, the leadership/volunteers, and your congregation in the purpose of your project.

- What is mission? What is our mission?
- Why do we need to travel to do mission when there is so much to be done right here?
- What theological/biblical concepts will ground us in our mission purpose?
- What opportunities can we create to learn about the root causes of poverty?
- How will we create a healthy partnership with those we will serve?

Who, What, Where, When

□ Who is going to be involved and how many?

- Age(s) of participants
- Adult leaders needed
- Who can provide medical support?
- How will the congregation support this project?
- How will the congregation be kept informed of the work of this project?

Where will we go?

- What places/people need our help?
- How far should we set our sights?
- What kind of travel arrangements will be needed? What kind of insurance coverage will you need (travel, medical, etc.)? (Visit <u>https://www.insuranceboard.org/wp-content/uploads/2019/08/Mission-Trips-1.pdf</u> and <u>https://www.insuranceboard.org/wp-content/uploads/2021/03/Mission-Trips-Spring-Winter-2020.pdf</u>)
- What sort of connections do we want to make with the host community?

When will be the right time to go?

- Choose possible dates based on your proposed timeline.
- Check for schedule conflicts within your church and community.
- · Consider seasonal travel and weather conditions.

Fund-raising and Communication

□ What kind and how much fund-raising is needed?

- Who are the fund-raisers?
- Who are the potential benefactors?
- What kind of guidelines/expectations are needed?
- What are reasonable options for fund-raising activities?

How will the congregation support this trip?

- Financially
- With prayer
- What communications will they receive about the trip & fund-raising and how often?
- How will the congregation be informed about the trip as it is happening?

On-site Considerations

□ Housing

- On-site? Off-site?
- Lodging accommodations/needs (<u>https://access-equity-belonging.extension.org/wp-content/uploads/</u>2020/02/Inclusion-Practices-Gender-and-Orientation-Final-2-20-2020.pdf)
- What will be provided? What will you need to bring?

Local Transportation

- What and when?
- Drivers
- Vans? Cars? Bus? Other?

Meals/Food

- Who will prepare meals? The group? Outside help?
- Food shopping: What will be made available? What will need to be brought/bought?
- Who will be responsible for clean-up?

Local connections

- Project contact persons
- Other local contact persons
- · Recreational/educational opportunities
- Worship/churches

Orientation

D Preparations for the participants and leaders for the trip:

- Community building and group covenant
- Theological grounding and "first, do no harm"
- Learn about the people, places, culture, and context of the place to be visited
- · Logistics, roles, responsibilities, goals, expectations
- Permissions (parental, medical, insurance)
- · Emergency and safety procedures
- Schedule

Reflection

☐ Make time at the end of each day for worship and reflection. Include thoughts such as:

- Where did you see Jesus today?
- How is God still speaking through what you did today?
- How did Jesus use your hands today?
- Devotional/worship
- How and what will we share from this trip after returning home and with whom?

Follow-Up

D Evaluation

- From participants
- From leaders
- From recipients

Continuing Communication and Connection

- With the community visited
- With the participants and leaders
- With the congregation

What would you add to this list?